



Why small groups at New Life?

Spiritual growth is most effective in the context of intentional, genuine relationships with other believers. As our world becomes increasingly interconnected through technological advances, people are increasingly becoming disconnected from other people. This is just as true in the church as it is elsewhere, and it is more critical in the church because God wills that His people live life together. Involvement in a **LifeGroup** will help New Life members enhance and cultivate their own spiritual growth and grow in godly relationships with other believers.

What are the different types of LifeGroups?

New Life offers LifeGroups for men, for women, for married couples, and groups available to individuals of any gender or marital status.

Where do LifeGroups meet?

LifeGroups typically meet in New Life Members' homes. Although, LifeGroups can meet in any place that is convenient to group members, such as restaurants, coffee shops, or parks. The location should be comfortable and have no distractions. LifeGroups should meet in a location other than New Life, if at all possible.

How often should LifeGroups meet?

LifeGroups should commit to meeting at least twice per month, although weekly meetings are most effective. Meetings can take place at any time convenient for the group members as long as meetings do not conflict with church-wide events. Each LifeGroups' Shepherd Leader will have the schedule for his/her group.

How long does each LifeGroup meeting last?

The duration of each meeting will vary, but a typical meeting should last approximately an hour and a half to two hours.

What goes on at a LifeGroup meeting?

LifeGroups meetings will include icebreakers, Bible Study and discussion, and caring/sharing time.

What do groups study?

After an introductory study that emphasizes the importance of group life and helps groups grow together, LifeGroups will have flexibility to select materials that are of interest to the groups. Each LifeGroup Shepherd Leader has been provided a list of pre-approved resources from which groups are free to choose.

Is childcare available for LifeGroups?

Many LifeGroups have childcare options available. Each individual LifeGroup will determine how to handle childcare issues. Some options include: assigning a different group member to watch children during each group meeting, collectively hiring someone near the meeting site to watch kids during the group meeting, or leaving the responsibility to individual parents to handle their own childcare needs. New Life members will be able to search for groups that provide childcare.

How do I join a LifeGroup?

New Life members will be able to sign up for a LifeGroup by clicking the "Join a LifeGroup Now" button on the LifeGroups page of New Life's website. Individuals will be able to select the group that is most preferable in terms of location, group type, and group demographics.